

13<sup>th</sup> International Congress of the IRPA 13<sup>th</sup> – 18<sup>th</sup> May, Glasgow

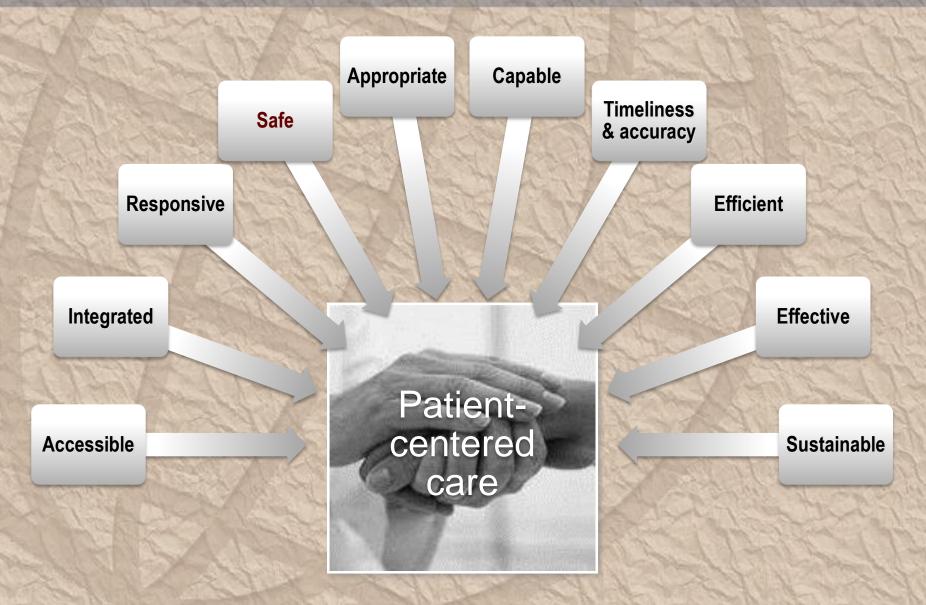
IAEA / WHO / PAHO Global Healthcare Perspectives Forum F7.2.3
Challenges, Opportunities and Limitations to Improve
Justification of Medical Imaging

**Lawrence Lau**, Melbourne / AU FACR, FRANZCR, FRCR, FAMS Chairman, International Radiology Quality Network

#### **Learning Objectives**

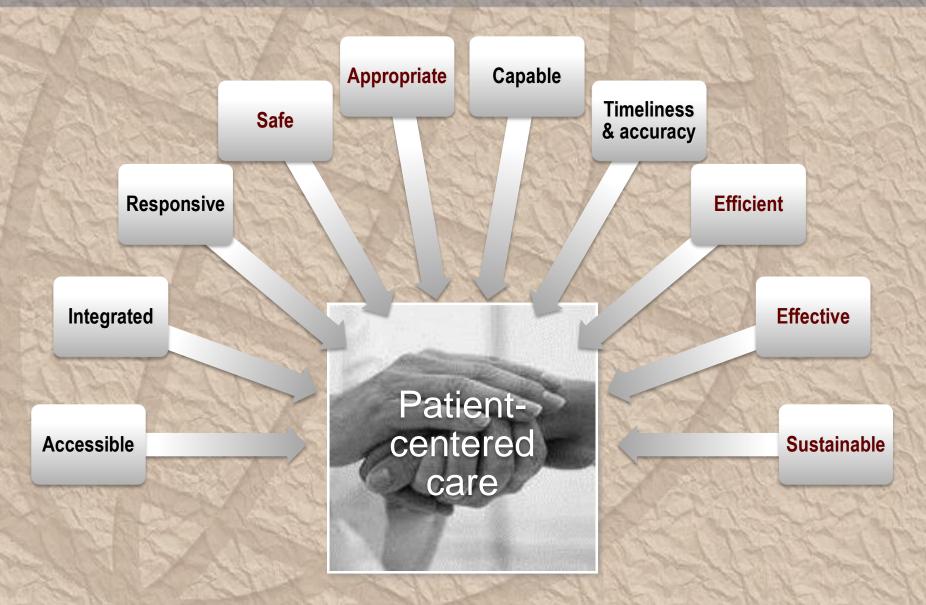
- To be aware of the quality elements & how justification contributes to patientcentered care
- To be informed of the emerging challenges & limitations
- To be aware of the possible solutions to improve justification for healthcare systems & end-users
- To consider an opportunity to create a multi-sectorial & inclusive global framework to advance justification in the next decade

## **Quality Elements**



National Health Performance Framework Report. 2001

# **Justification & Quality**



National Health Performance Framework Report. 2001

### **Objective**

Better quality & safety; patient-centered care & more appropriate

use ....

. . . in medical imaging, the use of referral guidelines as a procedure

justification tool to improve care, use & safety . . . .

#### **Justification**

- Ionizing radiation procedure will do more good than harm to society; radiation exposure, economic & social issues being considered
- Objective for a procedure is clearly defined & justified, i.e. it will improve diagnosis or treatment, or provide information to assist care
- Procedure for an individual is justified, i.e. it will do more good than harm to a particular individual

# **Challenges & Opportunities**

Challenges, limitations & opportunities to improve justification

- Healthcare systems
- End-users

# Challenges

- Increasing demand
  - Aging population
  - Technological advances
- Inappropriate use: misuse, overuse, underuse
  - Suboptimal care
  - Resources
  - Exposure

### **Limitations: Healthcare System**

- Limited resources & access hinder appropriate choice
- Low general awareness
  - Radiation issues: risks, safety & protection
  - Stakeholder's roles & responsibilities
- Limited evidence & guidance, including availability in a local language
- Undertaking related actions in isolation

#### **Limitations: End-user**

- Not recognizing the differences between tertiary & community practices
- Not keeping up with knowledge & current practice trend
- Not evaluating patient adequately or providing sufficient or clear data in referral
- Requesting a procedure which will not change patient management
- Unaware of procedure justification principle & its use in practice
- Self referral
- Undue medico-legal concerns

## **Past & Existing Actions**

- Many past & existing justification actions
- Addressing different stakeholder needs & perspectives
  - Healthcare systems
  - **End-users**

## **Improvement Opportunities**

#### Applicable to healthcare systems & end-users

3 radiation protection measures

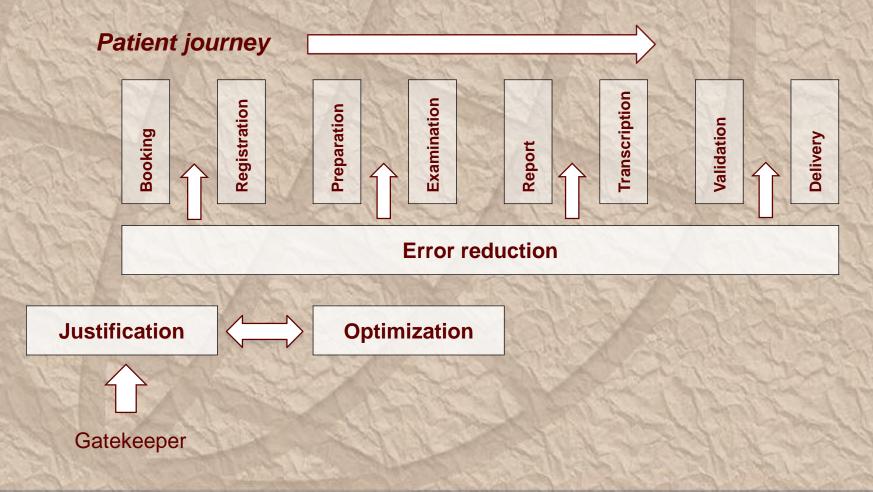
7 implementation strategies

10 process improvements

Many justification actions

#### **Radiation Protection Measures: When & Where**

3 radiation protection measures along the patient journey:



## Implementation Strategies: How

- Conduct research
- Promote awareness
- Provide education & training
- Strengthen infrastructure
- Implement policies
- Evaluate impact
- Apply continuous improvement

## Close the Gap



## **Process Improvements**

- Promote leadership
- Strengthen communication
- Engage stakeholders
- Build teams
- Identify collaboration & synergy
- Encourage participation
- Facilitate innovation
- Foster change
- Explore social entrepreneurship
- Reward excellence

#### **Opportunities: End-users**

- Referrer actions
  - Awareness of justification principles, roles & responsibilities, past records
  - Use referral guidelines & checklists
- Provider actions
  - Lead & build teams
  - Improve advocacy
  - Collaborate & guide referrers
  - Use implementation tools: indication-specific request forms, computerized physician order entry (CPOE), information sheets, referrer feedback
  - Audit outcome & improve methodology

#### **Referrer's Checklist**

- Has this procedure been done already?
- Will the procedure & the result change patient care?
- Is this the optimal time for the procedure, i.e. not too early before disease could have progressed or resolved?
- Is this the most appropriate procedure?
- Has the relevant data & reasons for procedure been indicated on the request?
- Are all the procedures necessary?

### **Opportunities: Healthcare Systems**

- Actions to strengthen procedure justification in healthcare systems require
  - + Strong advocacy by professional organizations & agencies
  - + Adoption of policy by local authorities
  - + Participation of end-users

i.e. support of many stakeholders with different expertise & means

## Timing & Opportunity

- Increase utilization: 3.6 billion XR procedures p.a.<sup>1</sup>
- Stakeholders interest & concern about inappropriate use & unnecessary exposure.
- Opportunity to consider an inclusive multi-sectorial global platform to improve justification of medical imaging in the next decade
  - By leveraging on collective resources & experience
  - Be part of existing initiative or a new framework
  - Scope: development, trial, implementation, evaluation & ongoing improvement

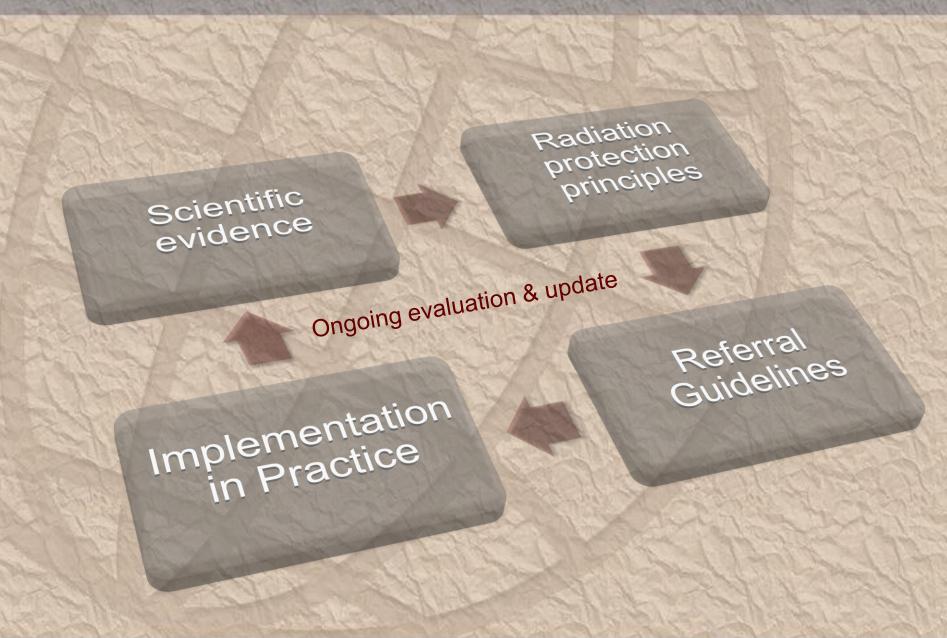


## **Pillars of Radiation Protection**

Principles Science Standards Practice

IRPA: Four Pillars of Radiation Protection

## **Pillars of Radiation Protection**



#### **Global Platform**

- Strengthen stakeholder communication & collaboration
- Promote leadership & team building
- Minimize undertaking actions in isolation
- Identify synergies & promote cross-fertilization
- Be the registry for referral guidelines related projects
- Identify gaps & proactively design future actions
- Advocate & raise awareness as a coordinated group
- Mobilize, share & maximize resources . . . . . .

#### **Global Platform - 2**

- Facilitate policy adoption & infrastructure strengthening
- Explore social entrepreneurship
- Streamline development & update of evidence-based guidelines
- Collate, develop & improve access to guidelines & related education tools
- Trial & implement referral guidelines
- Evaluate the use of referral guidelines in practice
- Facilitate innovations toward better end-user participation
- Reward excellence

## **Possible Barriers**

- Different philosophy & stakeholders participation
- Limited resources
  - Individual: recruitment & retention, experience, workload
  - Organisation: resources & fund allocation
  - System: funding for actions, incentives for change
- Turnover of key personnel & leadership
- Program & action co-ordination
- Lead time for action completion
- Development of optimal model & supporting infrastructure to bridge the gap between evidence & practice

#### **Solutions**

- Common long term vision
- Similar value
- Stakeholders collaboration
- Commitment to work together as teams to share corporate memory
- Inclusive framework with an innovative & proactive work plan

#### Conclusion

Medical imaging is indispensible in modern medicine, patient care & saves lives

Procedure justification improves the use of medical imaging & radiation medicine, quality care & patient safety

Past efforts have laid excellent foundation to future actions based on 3 RP measures, 7 implementation strategies & 10 improvement processes

A multi-sectorial global platform could be used as a nucleus for stakeholder collaboration in coordinated actions to improve justification in the next decade



IAEA / WHO / PAHO Global Healthcare Perspectives Forum

# Challenges, Opportunities and Limitations to Improve Justification of Medical Imaging

Thank you very much for your attention

